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Programs for 50 Plus



# The Chang School of Continuing Education

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Ted Rogers School of Management , Ryerson University Third Floor, 55 Dundas Street West, Toronto



an association of lifelong learning groups in Ontario

## Symposium Committee Members

Nancy Christie TAN President

Living & Learning in Retirement

Margaret McGovern Symposium Chair

Living & Learning in Retirement

Barry Everatt
Lifelong Learning Mississauga
Sheilagh Hickie
Academy for Lifelong Learning
Sandra Kerr
Programs for50 Plus, Ryerson U.
Maureen Somerville
U of Toronto Sr. Alumni Ass'n
Mandy Thomson
Academy for Lifelong Learning
Debrah Weiss
Academy for Lifelong Learning
Rhona Wolpert
Academy for Lifelong Learning



# **Workshop Facilitators**

## **Workshop A: Enticing Communication**



Sheilagh Hickie is a past president of the Academy for Lifelong Learning and a founding member of TAN.

#### **Workshop B: Effective Volunteer Governance**



Mandy Thomson is a member of the Academy for Lifelong Learning.

# **Workshop C: What Else?**



Maureen Somerville is a member of the University of Toronto Senior Alumni.



Nancy Christie is the president of TAN and has been part of the organization since its inception. She is a member and past president of Living and Learning in Retirement at Glendon College, York University.



Margaret McGovern is chair of the Symposium Planning Committee. She is a member of Living and Learning in Retirement at Glendon College, York University. She is a past president of L.L.I.R.

## **Keynote Speaker**

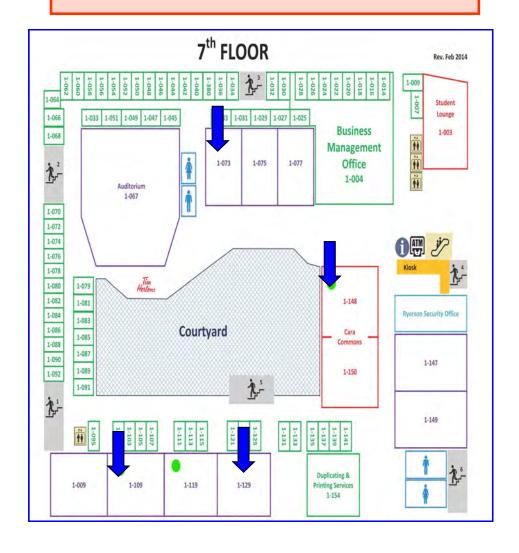


Andrée-Ann Cyr, Ph.D. is an assistant professor of psychology at York University's Glendon College where she conducts research on the effects of normal aging on learning and memory., She will walk through the cognitive changes that occur throughout the lifespan. Which aspects of learning and memory get better with age? Which get worse?

# Learning is Ageless

Ted Rogers School of Management,
Ryerson University

55 Dundas Street West, between Yonge and Bay (Yonge/Dundas subway stop )



# **Program for the Day**

#### **REGISTRATION & CONTINENTAL BREAKFAST**

**9:00-9:30 am** Cara Commons, Room 1-148

**WELCOME** Cara Commons, Room 1-148

**9:30 am** Margaret McGovern, Chair

Nancy Christie, TAN President

#### **KEYNOTE SPEAKER:**

**9:45-10:45** Cara Commons, Room 1-148

Optimizing
Learning and
Memory

Dr. Andrée-Ann Cyr Glendon College York University

#### **CONCURRENT WORKSHOPS**

There will be three workshops throughout the day at 11:00, 1:15 and 2:15. All will run for one hour. Please check your documents and name badge to determine which group you will follow.

## **Enticing Communication: Group A, Room 1-109**

Facilitator: Sheilagh Hickie

Websites are vital for organizations today. We will be looking at several websites here and abroad that do this job very well, as well as examining newsletters that read well and are informative.

#### **Effective Volunteer Governance: Group B, Room 1-129**

**Facilitator: Mandy Thomson** 

This workshop will review aspects of skillful governance including: recruiting, retaining and succeeding board members; structuring your organization most effectively; getting value from board meetings; and establishing effective communication between the board and its members.

#### What Else: Group C, Room 1-073

Facilitator: Maureen Somerville

This workshop will deal with other events and activities which may take place beyond lectures and workshops. Information collected from TAN members will be shared in this workshop.

#### **OPEN FORUM**

3:15-3:45 Cara Commons, Room 1-148

General discussion on topics covered through the day or any other areas of interest to those in attendance.

#### **ANNUAL GENERAL MEETING**

3:45-4:15 Cara Commons, Room 1-148

All welcome.

Lunch Break in Cara Commons, Room 1-148 12:15 to 1:15

Time to meet and discuss common areas of interest with fellow TAN members.