



Third Age Network (TAN)

an association of lifelong learning groups in Ontario
www.thirdagenetwork.ca



Third Age Network,
c/o Programs for 50+
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Keep Your Brain Working

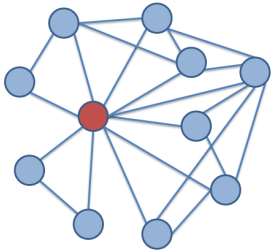
Look into the Third Age Network, which helps older adults form learning groups.

Interested in learning in collegial settings? Join a group in your area or start one. The Third Age Network is now in its tenth year of helping Ontario adults set up and administer lifelong learning groups . Contact Third Age Network and help yourself and your neighbours to a healthier and more engaged senior age.

Start-Up Help
Documents
Speaker Lists
Support



Why a Network?



This is a way to connect to other groups around the province, the country and indeed, the world. You don't have to reinvent the wheel to start a seniors learning group; you can access the **Third Age Learning Network**.

Some of our learning groups have been around for over 25 years; others are springing up on a regular basis.

Our members assist potential groups in their area to set up similar learning groups.

What We Offer

- Solid practical help in setting up a new group: how to publicize yourself in your community, financial planning, location, funding from local or provincial governments, boards and committees, mission statement, and lots more.
- Information on potential speakers
- Regular meetings
- Conferences
- Website and Newsletter
- Ongoing help from fellow members
- Affordable insurance for member groups



Keeping an Eye on Global Senior Learning

Lifelong learning for seniors is growing around the world.

The idea of later life learning started in France and spread to the U.K., USA, Australia and Canada in the past 30 years. Other European and Asian countries have



similar learning groups. As citizens of industrialized nations live longer, the need for better health conditions increase. For example, Canadians aged 65+ outnumber children and that population is projected to double by 2041.

There is now extensive evidence showing that social interaction and community involvement—cornerstones of lifelong learning groups— are directly associated with better mental and physical health.